

## Life Wheel Planning Page

After you have drawn your new outer circle, begin to plan steps for growth. Here are some questions to ask yourself...

**What would a 10 look like for me?**

**What number am I now? What number could I be (realistically) by next month?**

**What has caused me to be stuck in this area?**

**What can propel me forward in this area?**

**What action steps will I commit to?**

**Who can support me as I take these new steps?**

**What structures can I put in place to ensure that I move forward?**

Health/Fitness

Significant Other/Romance

Family

Friends

Career/Purpose

Finances

Personal Growth

Spiritual Growth

Ministry/Service

Home Environment